



Dear Parent/Caregiver

## ‘Lead with H.E.A.R.T’ YLead Leadership Program – Year 5

All Year 5 students will be participating in a fantastic leadership day facilitated by YLead and fully funded by the EHSS Student Council. ‘Lead with HEART’ is a fun and engaging program that explores what it takes to be a respectful, courageous and positive leader in the community. The full-day experience educates and empowers students to be the best they can be. Throughout the day, students will explore the acronym HEART in a series of fun activities that summarise:

1. **H**elpful – looking out for everyday actions that enrich the lives of others.
2. **E**nergetic – promoting and sharing positive energy.
3. **A**ctive and **A**ware – becoming more aware of personal strengths and how they can be used to take positive action as a leader.
4. **R**esilient – the importance of having the courage to try new things, and learning to respond positively to challenging or difficult situations.
5. **T**eam player – the importance of working with others in an encouraging and supportive environment.

### YLead Program Overview

Themes:	Experience outcomes:
<i>Self confidence</i>	❖ Build self confidence through giving students an insight into their strengths and abilities.
<i>Building positive relationships</i>	❖ Develop stronger relationships between students within the group.
<i>Working with others</i>	❖ Explore skills and tools associated with effective teamwork and collaboration.
<i>How do we all lead together</i>	❖ Develop a greater understanding of leadership and its place in school and the wider community.
<i>The value of leadership</i>	❖ Demonstrate the value of leadership through a positive, fun and exciting experience.

Through their participation in this program, students learn that they do not need to wear a badge to be a leader.

**Date:** Friday, 6<sup>th</sup> September, 2024

**Where:** School Hall

**Cost:** EHSS Student Council Funded – no cost to families

Year 5 Teachers

  
Ed Gordon  
Deputy Principal