

31/01/2024

**Year 6 – Noosa Northshore Retreat**

Dear Parents/Caregivers,

The Year 6 students will be going on a school camp to Noosa Northshore Retreat from 19 to 22 March 2024. The cost of the camp covers accommodation, food, transport and a variety of camp instructed activities.

**Departure time on Tuesday 19 March: 9am at the front of the school**  
**Please arrive: 8am to mark roll and assemble under the Administration building**  
**Arrival time back at school on Friday 22 March: Return by 2.30pm**

**Forms:** Please complete the following forms and return to the classroom teacher by no later than Friday, 1 March 2024.

*Activity Consent Form – Permissions & Health Information Camp form –  
Student Responsible Behaviour form – Medication Consent forms (if required)*

**Activity Costs:** \$622 (less \$100 deposit already paid)

**Payment Deadline:** 1 March 2024 (invoice to be emailed)

**Payment Options:** *Payment can be made by BPoint using the link on your Invoice, by the QParent App if you are registered, or in person at the school office via cash, EFTPOS or cheque. Payment must be received by the deadline above to ensure your child's participation in this incursion.*

**Refunds:** The decision as to whether the school will or not refund the payment in part or in full depends on whether the school has incurred any costs associated with the activity.

**Medication:** If your child requires medication, additional forms will need to be completed (see page 2 of attached "Permissions & Health Information Form"). Please contact either your classroom teacher or the office staff to organise a copy.

**All medication needs to be in a zip lock bag with your child's name and class clearly labelled. This will need to be handed to the office with relevant forms completed no later than **Wednesday, 13 March 2024.****

**Risk:** Due to the nature of these activities, they carry a low to high level of risk. School staff are aware of risks around environmental conditions, activities, demonstrations, facilities, group sizes and adult ratios and effective supervision. All students are advised of the process before starting each activity. Provisions have also been made for any students with a disability and/or medical and/or individual requirements.

**Queries:** If you have any concerns or questions, please contact your class teacher.

# WHAT TO BRING ON CAMP

Noosa Northshore Retreat Camp – 19 to 22 March 2024

## ALL ITEMS MUST BE NAMED (including underwear)

Make sure your child/ren pack all items in one large bag. They must also be able to carry their bag once at camp from the bus to their cabin.

***We suggest that student have the following items easily accessible in their backpacks on the bus with them – hat, raincoat, water bottle, sunscreen, insect repellent, hair ties.***

## SLEEPING

- pillow and pillow slip
- sleeping bag

## CLOTHING

- a set of clothes for each day plus a spare set, sleepwear, underwear and socks
- collared shirts, larger the better to cover skin from harnesses
- knee length shorts or long pants
- jumper
- raincoat – activities will continue even in the rain!
- wide brimmed hat (school hat)
- comfortable joggers (regular wear)
- joggers that can get wet (for beach activities)
- Swimmers and swim shirt (for beach activities)
- leave your jewellery at home – watches, chains and dangly earrings are not suitable for the ropes activities.

## TOILETRIES

- towel and face cloth
- beach towel (for beach activities)
- biodegradable soap, toothbrush and toothpaste, hair brush, hair ties, roll on deodorant (please do **not** bring aerosol deodorant or hair products as they trigger the smoke alarms)
- insect repellent (roll on or cream type)
- sunscreen
- thongs for showers

## OTHER IMPORTANT THINGS

- torch
- named water bottle x 2 (one can be kept cold in fridge in cabins for afternoon activities)
- extra blanket in cold months or warm pyjamas
- small backpack
- bag for wet clothes

## WHAT **NOT** TO BRING:

Food - there is plenty of good healthy food provided, so no one will go hungry. Please do not bring your own food unless discussed with the camp coordinator as allergy contamination may occur.

NO ELECTRONIC DEVICES are allowed at camp.

# RISK ASSESSMENT

## Noosa Northshore Retreat Camp – 19 to 22 March 2024

The aims of the camp are:

- For students to develop the skills needed to cooperate and work with others in a non-school setting.
- Students have the opportunity to build on social skills that enable them to initiate, maintain and manage positive social relationships.
- To reinforce and extend classroom learning.
- To provide all students with the opportunity to participate in a camping program.
- To provide students with experiences that promote teamwork, cooperation, self-esteem, independence, leadership, judgement, tolerance, resilience and resourcefulness.
- To provide a program that offers students the appropriate skills and knowledge needed to act responsibly and work independently and within a team environment.

Your child will complete a total of 14 activities throughout the duration of the camp. All activities take place at Camp Noosa Northshore Retreat itself.

Before activities start all students must have a filled water bottle and have applied sunscreen. They must also have a broad brimmed hat, suitable enclosed shoes and appropriate sun safe clothing on. During all activities, students are encouraged to drink water. They are also provided with either a morning or afternoon snack and allowed to go to the toilet at any time.

The activities include:

Activity	Description	Risk Level
Giant Swing	Participants will be able to test and push their individual comfort zones while on this activity. Challenge by choice is a big concept for this activity. The whole team pulls the 'Swinger' up as far up as they choose (up to 20 metres!). When they are ready, the 'Swinger' lets go to experience a thrilling swing that will leave their heart racing!	Medium
Bouldering	It all begins with movement. Bouldering is rock climbing without ropes above landing mats. After some expert tuition from our instructors, students will be free from ropes, harnesses and climbing hardware as they challenge themselves in a safe and controlled environment.	Medium
Crate Climb	Secure in helmet and harness, students work together in teams to get their group as high as possible adding crates to the stack without it collapsing. If and when the crate does tumble, students are safely lowered to the ground to re-join their teams and rotate climbers.	Medium
Archery/ Archery tag	The aim of this activity is to provide participants with a new recreation experience, develop motor skills, increase self-confidence and gain an understanding of the fundamental skills and safety issues associated with Archery. Participants receive coaching from qualified instructors on stance and technique, and how to use the re-curve bows to shoot at target boards.	High
Catapults	The aim of Catapults is for teams of students to work together in order to assemble their catapult. Students will be provided with the equipment needed and an instruction diagram to assemble catapults correctly. Once Catapults are assembled there will be a variety of challenges and team games revolving around firing balls from the catapults, including but not limited to – distance shooting, target shooting, catapult baseball.	Low

Camp Crafts	Camp craft explores a range of different skills required for camping in the bush. During appropriate weather conditions participants are fully supervised during their attempt to set a camp fire and then cook a damper. Participants learn to identify suitable camping sites and erect their own hoochies. All aspects of minimal impact camping are covered during this activity.	Low
Stand Up Paddle/ Raft Building	Stand up paddle boarding has been around for approx. seven years in Australia and has been the fastest growing surf sport in the country. Total Adventures has conducted a number of sessions with schools in the lake adjoining our Noosa North Shore Property. We use a soft user-friendly board with an adjustable paddle and leg rope. The students will learn a variety of skills and safe water practices all under the guidance of our qualified surf coaches. This is an ideal activity for the winter months when it is too cold to surf. The lake is only knee deep so it is perfect for beginners.	High
Lantern Stalk	The object of this activity is relatively simple but students quickly realise that they will need to use cunning, stealth and patience to be successful. Students attempt to recover a small flashing strobe light that is closely guarded by two 'Lantern Guards' armed with torches. If a student is spotted trying to reach the 'Lantern' they must return to the start base.	Low
Laser Tag	The thrills, spills, fun and action start right here. Have you got what it takes? Get ready to enter a world of adrenaline-pumping, nerve-jangling, heart pounding action! This battle zone incorporates all the fun of the battle arena, without the pain, bruising or projectiles. Students will be encouraged to work in teams to see who will be able to hit the most targets, have the best domination.	Medium
Body Boarding/ Beach Games	Body boarding is ideal for anyone who would like to experience the thrills and spills of the ocean as you embrace the challenge of catching and riding waves! With this 'no experience necessary' lesson, all participants will have a fantastic time in the waves. Our fully qualified instructors will cover beach and water safety, ensuring all students have the knowledge to stay safe in the ocean for a lifetime. They will then move on to cover all the basics of using a bodyboard.	High
Night Hike	Instructors lead participants who are encouraged to bring along their torches on a hike around the camp. A night hike is the perfect way to wind down the group at the end of the night.	Medium

# Activity Consent Form

Noosa Northshore Retreat Camp – 19 to 22 March 2024

**Please return the below forms completed and signed to your classroom teacher.**

STUDENT NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_

## **Privacy Statement**

The Department of Education is collecting the personal information in this form in order to:

- obtain consent for the named child/student to participate in the excursion;
- help coordinate the excursion;
- respond to any injury or medical condition that may arise during or as a result of the excursion; and
- update school records where necessary.

The information will only be accessed by authorised departmental staff. The information will not be disclosed to any other person or agency unless we have your consent or we are required or authorised by law to do so e.g. in compliance with relevant [Queensland Chief Health Officer's Directions](#).

## **Activity risks and insurance**

The Department of Education does not have personal accident insurance cover for children/students. If a child/student is injured as a result of an accident or incident while participating in the activity, all costs associated with the injury, including medical costs are the responsibility of the parent/carer. Some incidental medical costs may be covered by Medicare. If the parent/carer has private health insurance, some costs may also be covered by your provider. Any other costs must be covered by the parent/carer. It is up to the parent/carer to decide the type/s and level of private insurance they wish to arrange to cover their child. Please take this into consideration in deciding whether or not to allow the child/student to participate in this activity.

## **Consent**

By signing this form, I agree to all the following statements:

- I have read all of the information contained in this form in relation to the excursion (including any attached material)
- I am aware that the department does not have personal accident insurance cover for children/students.
- I give consent for the named child/student, to participate in the identified excursion.
- I will pay to the school the costs detailed in this consent form for the child/student's participation in the excursion.
- I agree to and understand the refund policy as it applies to this excursion (see Excursion costs)
- In the event of an accident or illness, school staff may obtain or administer any medical assistance or treatment the child/student may reasonably require, including contacting their doctor.
- I accept liability for all reasonable costs incurred by the department in obtaining such medical assistance or treatment (including any transportation costs) and undertake to reimburse the department the full amount of those costs.
- I have provided the school with all relevant details of the child/student's medical or physical needs on registration/enrolment and where relevant have updated this information.
- I give consent for child/student contact information to be shared in relation to this excursion in compliance with relevant [Queensland Chief Health Officer's Directions](#).

Parent/Carer	Name:		
	Phone number:		
	Email address:		
	Signature:		Date:

## **Additional medical information**

The school collected medical information about your child at registration/enrolment. This information is stored electronically in OneSchool. Please give full details of any new or updated medical information which may affect your child's full participation in the excursion described in the form.

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# Permissions & Health Information - Camp

This form is to provide school staff organising camps with confidential health information about a student which may affect their full participation in the activity.

## Privacy Statement

The Department of Education is collecting this personal information in order to support the health needs of the named student during the excursion identified below. The information will only be used by authorised employees of the department. The information will not be given to any other person or agency unless we have your consent, or we are required by law to do so.

<b>Name of excursion</b>	
<b>Date/s of excursion</b>	

## 1: Student & Parent/Carer details

<b>Student name</b>			
<b>Date of birth</b>		<b>Year level / Class</b>	
<b>Parent/Carer name</b>			
<b>Medicare number</b>			
<b>Private Health Insurance Fund name</b>		<b>Membership number</b>	
<b>Medical practitioner name</b>		<b>Contact phone number</b>	

## 2: Health conditions

2.1. Does the student have any health conditions that the school has not been previously advised of?	<input type="checkbox"/> Yes (go to 2.2)	<input type="checkbox"/> No (go to 2.3)
2.2. Indicate the student's health condition/s: <input type="checkbox"/> Asthma <input type="checkbox"/> Anaphylaxis <input type="checkbox"/> Diabetes <input type="checkbox"/> Epilepsy <input type="checkbox"/> Other: _____ Contact the student's teacher/activity coordinator as soon as possible to plan for any support or reasonable adjustments required to manage the student's health condition. For example, if the student requires medication or if they require additional overnight support e.g. catheterisation, gastrostomy, blood glucose testing.		
2.3. Does the student have any current or previous injuries that may affect their participation that the school has not been previously advised of?	<input type="checkbox"/> Yes (go to 2.4)	<input type="checkbox"/> No (go to 3)
2.4. Describe the injury:		

3: Medication requirements		
3.1 Will the student require medication during this excursion?	<input type="checkbox"/> Yes ( <i>see below</i> )	<input type="checkbox"/> No ( <i>go to 4</i> )
<ul style="list-style-type: none"> <li>• <b>Consent to Administer Medication form:</b> Any medication administered to a student requires parental consent. Parents to complete Part A. Part B to be completed if applying to self-administer an Asthma puffer (Principal approval required). A separate form is required for each type of medication. <u>All medications must contain a pharmacy label which includes the student's name, prescribing Doctors name, dosage &amp; time to be administered.</u></li> <li>• <b>Medication order to administer "as needed" medication form:</b> e.g. Paracetamol / ibuprofen, skin cream, antihistamine for bites etc. to be completed by Medical Practitioner <u>OR</u> a Doctors letter outlining the condition, symptoms and treatment. This form is <u>in addition to</u> the Consent to Administer Medication form.</li> <li>• Please be aware that Education Queensland policy does not permit the administration by staff members of "over the counter" medication e.g. Panadol, Nurofen, antihistamines and cough medicines etc., unless prescribed by a doctor. <u>The packaging must contain the prescribing Doctors name on the pharmacy label and include the student's name and dosage.</u></li> <li>• Contact the student's teacher/activity coordinator as soon as possible to ensure that the student's medication needs can be supported.</li> </ul>		

4: Dietary requirements		
4.1 Does the student have specific dietary needs?	<input type="checkbox"/> Yes ( <i>go to 4.2 &amp; 4.3</i> )	<input type="checkbox"/> No ( <i>go to 5</i> )
<p>4.2 <b>PLEASE NOTE:</b> Due to the large number of meals prepared each day, the camp cannot cater for likes and dislikes, they will cater for genuine dietary needs only.</p> <p>List the foods/ingredients your child CANNOT eat:</p>		
<p>4.3. Describe the reason/s why the student cannot eat the above foods/ingredients e.g. religious, cultural, allergic/anaphylaxis, diabetic, coeliac, vegetarian:</p>		
4.4 <b>BIRTHDAY</b> on camp:		

5: Permission to Watch PG rated Movies		
<p>5.1 During camp we may have the opportunity to watch movies in the evenings and while travelling on the bus, some of these movies may be rated "PG".</p> <p>In order for your child to watch a "PG" rated movie, we require parental permission, please indicate your consent / non-consent, below.</p>		
5.2 Do you give permission for your child to watch "PG" rated movies during the camp?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

<b>6: Travel and away-from-home issues</b>		
6.1. Does the student experience travel/motion sickness? If <b>YES</b> and the student requires medication for travel/motion sickness, complete the <a href="#">Consent to administer medication form</a> (as outlined in point 3).	<input type="checkbox"/> Yes	<input type="checkbox"/> No
6.2 Does the student require night bedwetting management or require an appliance / device at night to support a health condition?  If <b>YES</b> , describe what aid / appliance / support is required:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
6.3 Does the student sleep walk, have night terrors, have fears/phobias, experience anxiety, or have any other issue/s that may impact on their participation in camp activities?  If <b>YES</b> , describe the actions required to manage these:	<input type="checkbox"/> Yes	<input type="checkbox"/> No

<b>7: Emergency Contact Details (please provide 2)</b>	
<b>7.1 1<sup>st</sup> Contact – Name</b>	
Relationship to student	
Home Phone Number	
Mobile Phone Number	
Work Phone Number	
<b>7.2 2<sup>nd</sup> Contact – Name</b>	
Relationship to student	
Home Phone Number	
Mobile Phone Number	
Work Phone Number	

<b>8: Declaration</b>			
I have reviewed the information provided in this form and confirm that this information is accurate.			
<b>Name of Parent/Carer</b>			
<b>Signature</b>		<b>Date:</b>	



# STUDENT RESPONSIBILITY BEHAVIOUR FORM

Noosa Northshore Retreat Camp – 19 to 22 March 2024

**Respect, safety, cooperation and participation** are central to a student's responsibilities during Year 6 camp.

## Leading up to Camp

To be eligible to go on camp, students must comply with the school's rules of being **safe, respectful and responsible**. Students who do not maintain satisfactory behaviour leading up to camp may not be invited to go on camp.

## At Camp

### **Respect**

Students have a responsibility to respect others, their privacy and belongings, as well as the accommodation area, the venues and the local environment. Students must:

- Stay away from the rooms of other students and their belongings.
- Be conscious that other residents should be protected from excessive noise at unreasonable hours.
- Display good manners towards the activity and venue operators at all times.
- Display appreciation of the efforts of others (bus and accommodation)

### **Safety**

Students have a responsibility to adhere to safety instructions and procedures as presented at the camp and to the regulatory laws made by government bodies. Students must:

- Wear footwear at all times (fully enclosed shoes during activities).
- Protect themselves from exposure to the sun and from dehydration.
- Protect themselves from extreme weather by wearing appropriate clothing.
- Stay off equipment and activities unless supervised by a teacher or teachers.
- Be attentive in briefing sessions and during activities.
- Be aware of emergency procedures in the event of a fire.
- Ensure medical issues are known to classroom teachers.

### **Cooperation**

Students have a responsibility to assist in efficient functioning of the program and the enjoyment of all participants. Students must:

- Ensure their own alertness, attentiveness and punctuality (meals, bus)
- Endeavour to foster positive relationships with others.

### **Participation**

Students have a responsibility to ensure that maximum benefit is gained by them as individuals and for the group as a whole. Students must:

- Be prepared to participate in all activities programmed for them.
- Strive to be part of the group and achieve the group goals.

Students, who demonstrate by their behaviour that they do not acknowledge these responsibilities or are unwilling to accept them, are a danger to themselves, other participants and the success of the program. As a result, that student may need to be removed from the program and returned to school at their parent's expense.

I, \_\_\_\_\_ (child's name) have read the information on this sheet. I agree to do my very best to meet the requirements of responsibility, safety, cooperation and participation outlined on this sheet.

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_